



IAGG e-TRIGGER ASIAN & OCEANIA (ASIO)

Online Training in Geriatric Medicine and Gerontology

Discover a world of knowledge and endless opportunities in geriatric medicine and gerontology with our comprehensive online course.

Starting date: January 24, 2026

Join us to become a highly qualified professional in the field of aging healthcare.

Visit our website: <https://asio.iagg-fge.org/>



About IAGG- FGE

The mission of the International Association of Gerontology and Geriatrics (IAGG) and the Federation of Geriatric Education (FGE) is to promote the highest level of achievement in gerontological research and training worldwide. <https://IAGG.site>

The e-TRIGGER Program

In response to the COVID-19 pandemic, we transitioned our renowned training programs to an online format: "e-**TR**aining in **GER**ontology and **GER**iatrics (e-TRIGGER)" program. <https://iagg-fge.org>.

HSeT Educational Partnership

The Swiss Health Science eTraining Foundation (HSeT) develops e-learning programs that are tailored to the needs of specific groups of trainees as defined by the institutions themselves. <https://hset.org>





Who can apply?

Physicians

Medical doctors interested in aging and care of older adults and who are on track to achieve academic tenure, professorship, or high-responsibility clinical positions.

Experienced Professionals

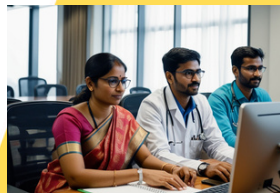
Highly experienced health professionals engaged in community care and hospital management of older people.

Healthcare Professionals

The programme is also suitable for non-physician healthcare professionals, from all horizons, involved in the care of older adults.

Students in Health Professions

The program also suits medical students who are interested in geriatric medicine and gerontology but do not have access to specialized instruction at school.



Program Format

12 monthly online training sessions, with participants from all different geographic time zones connected simultaneously. Each live monthly session lasts 3 hours and is recorded to enable later viewing, in case of absence.

1

Interactive Live Sessions

Join 12 engaging online sessions focused on key topics in geriatric medicine and gerontology. Interact in real-time with expert course instructors and connect with fellow trainees. Sessions are held once a month on a Saturday.

2

Assignments

Regional team activities on distinct geriatric topics in which you will interact with trainees in your language. Annotated papers and case studies as educational tools to enhance your knowledge.

3

Knowledge Assessment

Your knowledge will be evaluated with quizzes designed by our expert tutors, based on the key messages of each session. Active participation in live sessions will also be considered by the tutors.

Program Certificate

Earn a prestigious IAGG-World certificate of participation upon successful completion of 10 out of 12 course quizzes.



A total of 60 hours training certificate, which corresponds to 36 hours of lectures per year, plus personal self-learning.



CERTIFICATE

This is to certify that

Miao-Ting Chen

has successfully completed the distance learning course

IAGG eTRIGGER ASIO - 2024

International Association of Gerontology and Geriatrics
e-Training In Gerontology and GERiatrics ASIO-Oceania

From January to December of 2024

Total of 60 hours & personalized training

Prof. Hidenori Arai

Asian Academy of Geriatric Medicine

Prof. Ashish Goel

Indian Academy of Geriatrics

Prof. Jean-Pierre Michel

Director of the Federation of
Geriatric Education

Prof. José Jauregui

President IAGG-World

HSeT

Program Benefits



Enhanced Knowledge Base

Improve your understanding of geriatric medicine and gerontology with high-quality education.



Self-directed Learning

Develop your problem-solving skills and increase self-directed learning capabilities through interactive activities.



Interdisciplinary Collaboration

Engage in real and culturally relevant case presentations to foster interdisciplinary teamwork and collaboration.



Leadership Development

Cultivate personal leadership and team management skills that will set you apart as a healthcare professional.



ASIO Asian-Oceania
e-TRIGGER
e-Training in Gerontology and Geriatrics



Program Outline 2026

Session	Topic	Date
01	Global aging and Principles of Geriatric Medicine	24 January, 2026
02	Biology of Ageing & Functional Decline	14 February, 2026
03	Aging Physiology/Pharmacology/Pathology	14 March, 2026
04	Geriatric Mental Health	11 April, 2026
05	Community Care	9 May, 2026
06	Disability Prevention: Mobility Disorders	6 June, 2026
07	Managing Cardiovascular Chronic Conditions	18 July, 2025
08	Managing Patients with Cognitive Decline	22 August, 2026
09	Gerontology	12 September, 2026
10	Diabetes and Metabolic Disorders	17 October, 2026
11	Cancer Screening and Management	7 November, 2026
12	Optimising Surgical and Critical Care	12 December, 2026

Interactive team activities are planned along the course



ASIO eTRIGGER International Boards

Federation of Geriatric Education



Prof. Jean-Pierre Michel
Switzerland



Prof. Hidenori Arai
Japan



Prof. Marvin Formosa
Malta



Prof. Luis Miguel Gutierrez
Mexico



Prof. Mike Martin
Switzerland

Health Sciences eTraining Foundation



Prof. Jean-Pierre Kraehenbuhl
Switzerland



Prof. Jean-Pierre Michel
Switzerland



Dr. Rafaela F. da Silva
Brazil



Dr. Fiona Ecarnot
France



Dr. Jane Barratt
Canada



Prof. Joel Belmin
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Prof. Maria Cristina Polidori
Germany



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Switzerland

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Dr. Xi Chen (CN)



Prof. Liang Kung (TW)



Prof. Du Peng (CN)



Prof. Ruth Teh (NZL)



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e-TRIGGER
e-Training in Gerontology and GERiatrics

Application Process

Step 1: Fill Out the Application Form

To enroll in Online Training in Geriatric Medicine and Gerontology, visit the IAGG website, go to programs, choose the ASIO program and complete the online **application form** there.

Step 2: Selection Criteria

The selection of registered trainees will be validated by the e-TRIGGER Board.

Step 3: Complete Payment

After your application is accepted, submit the course fee through PayPal or Credit Card, in the IAGG ASIO website.





Fees

Fees are based on the **average annual income in your country:**

- Pay 300 CHF in countries with mean annual income <1 500 CHF
- Pay 600 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 1 200 CHF in countries with mean annual income >13 000 CHF

Student rate fees (for those who present a University or High School registration) are also based on annual country income:

- Pay 150 CHF in countries with mean annual income <1 500 CHF
- Pay 300 CHF in countries with mean annual income of 1 500 - 13 000 CHF
- Pay 600 CHF in countries with mean annual income >13 000 CHF

Scholarships

A limited number of scholarships are available – please apply as soon as possible. Follow the application procedure and email us for details about the eligibility criteria at contact_iagg@hset.org

Other partners



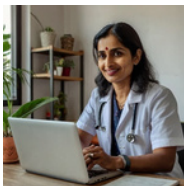
International
Institute on Ageing,
United Nations -
Malta - INIA



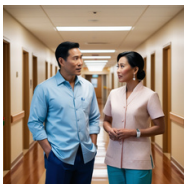
International
Psychogeriatric
Association



Institute for
Healthy Aging



Whether you are just starting your career or looking to enhance your existing practice, this program will provide valuable knowledge and skills.



[Apply now](#)

